Content & Variables of the Personal Success Questionnaire

Demographic Questions, etc.

1. What is your age? (quantitative)
2. Circle your gender (2 categories)
3. Circle your ethnic/racial membership (6 categories)
4. Circle the type of family in which you were raised (4 categories)
5. Approximately what was your family’s income during your senior year in high school? (quantitative)
6. How many years of formal education did your mother attend? (quantitative)
7. How many years of formal education did your father attend? (quantitative)
8. How many siblings do you have? (quantitative)
9. How many times did you move as a child? (quantitative)
10. What was the population of your hometown? (quantitative)
11. What is your current GPA (quantitative)
12. What is the average number of credit hours that you take per semester? (quantitative)
13. During the school year, how many hours do you work at a job each week? (quantitative)
14. During the school year, how many hours do you study each week? (quantitative)
15. Circle your current plans for after college? (3 categories)

Scales

<table>
<thead>
<tr>
<th>Number</th>
<th>Scale Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td><strong>Self-Consciousness Scale (SCS)</strong> -- single scale score (higher scores mean more self-consciousness)</td>
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<tr>
<td>17</td>
<td><strong>Generalized Expectancy for Success Scale (GESS)</strong> -- single scale score (higher scores mean greater expectancy of success)</td>
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<tr>
<td>18</td>
<td><strong>Frequency of Self-Reinforcement Questionnaire (FSRQ)</strong> -- single scale score (higher scores mean more frequent self-reinforcement)</td>
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<tr>
<td>19</td>
<td><strong>Internal Versus External Locus of Control Scale</strong> -- single scale score (higher scores mean more external attribution)</td>
</tr>
<tr>
<td>20-21</td>
<td><strong>Bakker Assertiveness-Aggressiveness Inventory (AS-AGI)</strong> -- Assertiveness and Aggressiveness subscales (lower scores mean more assertiveness or aggressiveness, respectively)</td>
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<tr>
<td>22-24</td>
<td><strong>Interpersonal Dependency Inventory (IDI)</strong> -- Emotional Reliance (higher scores mean more reliance), Lack of Self-confidence (higher scores mean less self-confidence), Assertion of Autonomy subscales (higher scores mean more autonomy)</td>
</tr>
<tr>
<td>25-26</td>
<td><strong>Achievement Anxiety Test (AAT)</strong> -- Facilitating (higher scores mean anxiety is more motivating) and Debilitating subscales (higher scores mean anxiety is more likely to interfere with performance)</td>
</tr>
</tbody>
</table>

Reference: