

Effect Sizes, Power Analysis and Statistical Decisions

- Effect sizes -- what and why??
- review of statistical decisions and stat decision errors
- statistical power and power analysis
- *a priori* & *post hoc* power analyses for r , F & X^2
- Statistical Decision errors -- risk of Type I, II III errors

Effect Size and Statistical Significance - two useful pieces of info

Statistical Significance Test (Summary) Statistic (t , F and χ^2)

- used primarily as an intermediate step to obtain the p-value for the statistical decision
- the p-value is used to decide "whether or not there is an effect"

Effect size refers to

- the strength or magnitude of the relationship between the variables in the population.
- the extent of departure from the H_0 : (no relationship)

Their relationship

$$\begin{aligned} \text{Significance Test Stat} &= \text{Effect Size} \quad * \quad \text{Size of Study} \\ \text{Effect Size} &= \text{Significance Test Stat} / \quad \text{Size of Study} \end{aligned}$$

This formula/relationship tells us

- for any given nonzero effect size, the value of the test statistic (e.g., t , F , X^2) will increase as does the sample size (N)
- for any nonzero effect size, increase in the effect size OR increase in the value of the test statistic will result in a lower p-value, and greater confidence that the population effect size is nonzero

We want to have estimates of effect size/strength that are separable from our inferential test statistic. The key will be to compose these estimates so that the value of the estimate is independent of the size of the study (N).

When we use correlation, r is both a summary statistic for a significance test and an effect size estimate.

- Significance test -- For any given N, $df = N - 2$, and we can look up the critical-r value & decide to retain or reject H_0 :
- Effect size estimate -- the larger r is (+ or -), the stronger the relationship between the variables in the population
 - with practice we get very good at deciding whether r is "small" ($r = .10$), "medium" (.30) or "large" (.50)
- We can use r to compare the findings of different studies even when they don't use exactly the same variables (but they have to be "comparable")
 - DSC (Dep Sym CkIst) & age -- BDI (Beck Dep Inv) & age
 - # practices & % correct -- practice time in minutes & # correct
- We will also use effect sizes to perform power analyses (later)



But what if we want to compare the results from studies that used different "comparable" DVs or different sample sizes in ANOVAs?

- Hard to compare mean differences from studies w/ different DVs
- We know we can only compare F-values of studies that have the same sample sizes (Test Stat = Effect Size * Size of Study)

Unless of course, we had some generalized "effect size measure" that could be computed from ANOVAs using different DVs & Ns...

We do ... our old buddy r , which can be computed from F

$$r = \sqrt{F / (F + df_{error})}$$

By the way, when used this way "r" is sometimes called η (eta).

Now we can summarize and compare the effect sizes of different studies.
Here's an example using two versions of a study using ANOVA...

Researcher #1 Acquired 20 computers of each type, had researcher assistants (working in shifts & following a prescribed protocol) keep each machine working continually for 24 hours & count the number of times each machine failed and was re-booted.

Mean failures PC = 5.7
Mean failures Mac = 3.6
 $F(1,38) = 10.26, p = .003$

$$\sqrt{F / (F + df)} = \sqrt{10.26 / (10.26 + 38)}$$

$$r = .46$$

Researcher #2 Acquired 30 computers of each type, had researcher assistants (working in shifts & following a prescribed protocol) keep each machine working continually for 24 hours & measured the time each computer was running.

Mean up time PC = 22.89
Mean up time Mac = 23.48
 $F(1,58) = 18.43, p = .001$

$$\sqrt{F / (F + df)} = \sqrt{18.43 / (18.43 + 58)}$$

$$r = .49$$

So, we see that these two studies found very similar results – similar → effect direction (Macs better) & effect size !!

What about if we want to compare results from studies that used different “comparable” variables or different sample sizes in X^2 ?

- Hard to compare frequency differences from studies w/ different DVs or different sample sizes
- We know we can only compare X^2 -values of studies that have the same sample sizes (Test Stat = Effect Size * Size of Study)

Unless of course, we had some generalized “effect size measure” that could be computed from X^2 s using different DVs & Ns...

We do ... our old buddy r , which can be computed from F

$$r = \sqrt{X^2 / N}$$

By the way, when used this way “r” is sometimes called η (eta).

Now we can summarize and compare the effect sizes of different studies. Here’s an example using two versions of a study using X^2 ...

Researcher #1 Acquired 40 computers of each type, had researcher assistants (working in shifts & following a prescribed protocol) keep each machine working continually for 24 hours or until the statistical software froze.

	PC	Mac
Failed	11	3
Not	29	37

$X^2(1) = 5.54, p = .03$

$$\sqrt{X^2 / N} = \sqrt{5.54 / 40}$$

$$r = .26$$

Researcher #2 Acquired 20 computers of each type, had researcher assistants (working in shifts & following a prescribed protocol) keep each machine working continually for 24 hours or until the graphic editing software froze.

	PC	Mac
Failed	15	6
Not	5	14

$X^2(1) = 8.12, p = .003$

$$\sqrt{X^2 / N} = \sqrt{8.12 / 20}$$

$$r = .45$$

So, by computing effect sizes, we see that while both studies that Macs did better, the difference was far larger for graphic software than for statistical software.

What about if we want to compare results from studies if one happened to use a quantitative outcome variable and the other used a “comparable” qualitative outcome variable?

We know we can’t only F & X^2 -values from different studies, especially if they have different sample sizes (Test Stat = Effect Size * Size of Study)

Unless of course, we had some generalized “effect size measure” that could be computed from both F and X^2 s using different DVs & Ns...

We do ... our old buddy r , which can be computed from F & X^2

$$r = \sqrt{F / (F + df_{error})} \qquad r = \sqrt{X^2 / N}$$

Now we can summarize and compare the effect sizes of different studies.

Here's an example using two versions of a study we discussed last time...

Researcher #1 Acquired 20 computers of each type, had researcher assistants (working in shifts & following a prescribed protocol) keep each machine working continually for 24 hours & count the number of times each machine failed and was re-booted.

Researcher #2 Acquired 20 computers of each type, had researcher assistants (working in shifts & following a prescribed protocol) keep each machine working continually for 24 hours or until it failed.

Mean failures PC = 5.7, std = 2.1

Mean failures Mac = 3.6, std = 2.1

$F(1,38) = 10.26, p = .003$

	PC	Mac
Failed	15	6
Not	5	14

$\chi^2(1) = 8.12, p < .003$

$$\sqrt{F / (F + df)} = \sqrt{10.26 / (10.26 + 38)}$$

$$r = .46$$

$$\sqrt{\chi^2 / N} = \sqrt{8.12 / 40}$$

$$r = .45$$

So, by computing effect sizes, we see that these two studies found very similar results, in terms of direction and effect size !!



Families of Effect Size Estimates

r -- variations on the correlation coefficient

-- η is a common variation (range = 0 to 1.0)

r^2 -- variations on the "shared variance" statistics (e.g., η^2)

ω / ω^2 -- variations on the omega(²) statistic that attempt to correct for the likelihood of overestimating the strength of the population effect size with a large sample

-- have their greatest popularity with ANOVA-types

d -- an index of effect size in terms of the size of the mean difference between two groups expressed as the proportion of a standard deviation (most applicable to analyzes comparing means using t-test & ANOVA)

r^2 (proportion of shared variance) "versus" r (size of relationship)

Two "warring camps" (and only part of the argument)

r^2 many psychological "effects" are small (e.g., "significant" clinical effects have typical $r^2 = .06$) and probably have little impact on daily life, mental health, etc.

r some small effects are very meaningful ($r^2 = .04$ in a study of jury decision bias means 10 fewer "innocent" people sentenced to death per year)

Keep in mind...

since $r = \sqrt{r^2}$ the discussion is not about the "math" but the "accuracy of representation" ... which "expression" will lead to the most people having the "best" understanding of the meaningful size of the effect ??

Computing Effect Size Estimates ... d

$$d = (M_1 - M_2) / s_{\text{pooled}} \quad (s_{\text{pooled}} = \text{pooled std dev})$$

The “definitional formula” → starting with n & S of each group

$$S_{\text{pooled}} = \sqrt{\frac{[(n_1 - 1) * S^2_1] + [(n_2 - 1) * S^2_2]}{n_1 * n_2}}$$

n_1 & n_2 = sample sizes
 S^2_1 & S^2_2 = sample variances (std²)

The “computational formula” → starting with MS_{error}

$$S_{\text{pooled}} = \sqrt{MS_{\text{error}}} \quad MS_{\text{error}} \text{ is “Within Groups Mean Squares” in SPSS output}$$

Again, d is the mean difference between the groups expressed as a proportion of the (pooled) standard deviation



Just a bit of review before discussing Power analysis ...

Statistical Power (also called sensitivity) is about the ability to reject H_0 : based on the sample data when there REALLY IS a correlation between the variables in the population

Statistical Decision	In the population (Truth) ...		
	Relationship	No Relationship	
Reject H_0 : decide there's a relationship	Good decision	Type I error	When we have high power
Retain H_0 : decide there's no relationship	Type II error	Good decision	When we have low power

Statistical Power is increased by...

- larger effect (i.e., larger r between the variables)
- larger sample size

Statistical Power

- The ability to Reject H_0 : based on the sample data when there really is a correlation between the variables in the population
- Statistical Power is primarily about the sample size needed to detect an “r” of a certain size with how much confidence !!
- Statistical Power tell the probability of rejecting H_0 :, when it should be rejected.
- We'll use a “power table” for two kinds of Power Analyses
 - *a priori* power analyses are used to tell the what the sample size should be to find a correlation of a specified size
 - *post hoc* power analyses are used when you have retained H_0 :, and want to know the probability that you have committed a Type II error (to help you decide whether or not you “believe” the null result).

But first -- a few important things...

- Power analysis is about Type II errors, “missed effects”
“retaining H0: when there really is a relationship in the population!!
- “Power” is the antithesis of “risk of Type II error”
 - Risk of Type II error = 1 - power
 - Power = 1 - Risk of Type II error

match up the following...

40% chance of Type II error	Type II error risk = .60
power = .40	.70 chance of missing effect
.30 risk of missing an effect	60% Power
30% power	70% chance to find effect

a priori *Power Analyses* -- *r*

You want to be able to reject H0: if r is as large as .30

- pick the power you want
 - probability of rejecting H0: if there is a relationship between the variables in the population (H0: is wrong)
 - .80 is “standard” -- 80% confidence will reject H0: if there’s an effect
- go to the table
 - look at the column labeled .30 ($r = .30$)
 - look at the row labeled .80 (power = .80)
 - you would want $S = 82$
- What about... necessary sample size (S)
 - $r = .40$ with power = .90 ???
 - $r = .15$ with power = .80 ???
 - $r = .20$ with power = .70 ???

The *catch* here is that you need some idea of what size correlation you are looking for!!! Lit review, pilot study, or “small-medium-large” are the usual solutions -- but you must start *a priori analyses* with an expected r !!!

post hoc *Power Analyses* -- *r*

You obtained $r(32) = .30$, $p > .05$, and decided to retain H0:

- What is the chance that you have committed a Type II error ???
- Compute $S = df + 2 = 32 + 2 = 34$
- go to the table
 - look at the column labeled $r = .30$
 - look down that column for $S = 32$ (33 is closest)
 - read the power from the left-most column (.40)
- Conclusion?
 - power of this analysis was .40
 - probability that this decision was a Type II error (the probability we missed an effect that really exists in the population) = 1 - power = 60%
 - NOT GOOD !! If we retain H0: there’s a 60% chance we’re wrong and there really is a relationship between the variables in the population We shouldn’t trust this H0: result !!

post hoc *Power Analyses - r -- your turn*

You obtained $r(27) = .45$, $p > .05$, and decided to retain H_0 :. What is the chance that you have committed a Type II error ???

- Compute $S =$
- go to the table
 - what column do we look at ?
 - What value in column is closest to “S”
 - read the power from the left-most column
- Conclusion?

Power = .70, so there is about a 30% chance that this decision was a Type II error -- don't place much “trust” in this H_0 :

What if you planned to replicate this study -- what sample size would you want to take only a 10% risk of a Type II error ?

Desired power ? $S =$

Thinking about Effect Sizes, Power Analyses & Significance Testing with Pearson's Correlation

- Dr. Yep correlates the # hours students studied for the exam with % correct on that exam and found $r(48) = .30$, $p < .05$.
- Dr. Nope “checks-up” on this by re-running the study with $N=20$ finding a linear relationship in the same direction as was found by Dr. Yep, but with $r(18) = .30$, $p > .05$.

What's up with that ???

Consider the correlations (effect sizes) ... $.30 = .30$

But, consider the power for each

Dr. Yep -- we know we have “enough power”, we rejected H_0 :
Dr. Nope -- $r = .30$ with $S = 20$, power is $< .30$, so more than a 70% chance of a Type II error

Same correlational value in both studies -- but different H_0 : conclusions because of very different amounts of power (sample size).

Power analysis with r is simple, because

- r is the “standard” effect size estimate used for all the tests
- the table uses r
- when working with F and X^2 we have to “detour” through r to get the effect sizes needed to perform our power analyses
- here are the formulas again

$$r = \sqrt{F / (F + df_{\text{error}})} \quad \text{and} \quad r = \sqrt{X^2 / N}$$

- as with r , with F and X^2
 - we have a priori and post hoc power analyses
 - for a priori analyses we need a starting estimate of the size of the effect we are looking for

Power Analyses -- F

You obtained $F(1, 28) = 3.00$, $p > .05$, and decided to retain H_0 :

- What is the chance that you have committed a Type II error ???
- Compute $r = \sqrt{F / (F + df_{\text{error}})} = \sqrt{3 / (3 + 28)} = .31$
- Compute $S = df_{\text{error}} + \#IV \text{ cond} = 28 + 2 = 30$
- go to the table
 - look at the column labeled .30 (closest to $r = .31$)
 - look down that column for $S = 30$ (33 is closest)
 - read the power from the left-most column (.40)
- Conclusion?
 - power of this analysis was .40
 - probability that this decision was a Type II error (the probability we missed an effect that really exists in the population) = $1 - \text{power} = 60\%$ -- NOT GOOD !! We won't trust this H_0 : result !!

What if you plan to replicate this study -- what sample size would you want to have power = .80? What would be your risk of Type II error?

$S = 82 - 41$ in each cond. Type II error Risk = 20%

Power Analyses - F -- your turn

You obtained $F(1, 18) = 2.00$, $p > .05$, and decided to retain H_0 :. What is the chance that you have committed a Type II error ???

- Compute $r =$
- Compute $S =$
- go to the table
 - what column do we look at ?
 - What value in column is closest to “S”
 - read the power from the left-most column
- Conclusion?

Power _____, so there is greater than ____ chance that this decision was a Type II error -- _____

To replicate this study with only a 10% risk of missing an effect you'd need a sample size of ...

Power Analyses -- X^2

You get $X^2(1) = 3.00$, $p > .05$ based on $N=45$, and decided to retain H_0 :

- What is the chance that you have committed a Type II error ???
- Compute $r = \sqrt{X^2 / N} = \sqrt{3 / 45} = .26$
- Compute $S = N = 45$
- go to the table
 - look at the column labeled .25 (closest to .26)
 - look down that column for $S = 45$ (33 is closest)
 - read the power from the left-most column (.40)
- Conclusion?
 - power of this analysis was .40
 - probability that this decision was a Type II error (the probability we missed an effect that really exists in the population) = $1 - \text{power} = 60\%$ -- NOT GOOD !! We won't trust this H_0 : result !!

What if you plan to replicate this study -- what sample size would you want to have power = .80? What would be your risk of Type II error?

$S = 82 - 41$ in each cond. Type II error Risk = 20%

Power Analyses - X^2 -- your turn

You obtained $X^2(1) = 2.00$, $p > .05$, and decided to retain H_0 :. What is the chance that you have committed a Type II error ???

- Compute $r =$
- Compute $S =$
- go to the table
 - what column do we look at ?
 - What value in column is closest to “S”
 - read the power from the left-most column
- Conclusion?

Power _____, so there is greater than _____ chance that this decision was a Type II error -- _____

To replicate this study with only a 10% risk of missing an effect you'd need a sample size of ...



Now we can take a more complete look at types of statistical decision errors and the probability of making them ...

		In the Population	
		H0: True	H0: False
Statistical Decision	Retain H0:	Correctly Retained H0: Probability = $1 - \alpha$	Incorrectly Retained H0: Type II error Probability = β
	Reject H0:	Incorrectly Rejected H0: Type I error Probability = α	Correctly Rejected H0: Probability = $1 - \beta$

How this all works ...

Complete stat analysis and check the p-value

If reject H_0 : ...

- Type I & Type III errors possible
- $p =$ probability of Type I error
- Prob. of Type III error not estimable
- MUST have had enough power (rejected H_0 : !)

If retain H_0 :

1. Need to determine prob. of Type II error
 - Compute effect size $\rightarrow r$
 - Compute S
 - Determine power
 - Type II error = $1 - \text{power}$
2. Likely to decide there's a power problem -- unless the effect size is so small that even if significant it would not be “interesting”

Let's learn how to apply these probabilities !!

Imagine you've obtained $r(58) = .25$, $p = .05$

If I decide to reject H_0 :, what's the chance I'm committing a Type I error ?

If I decide to reject H_0 :, what's the chance I'm committing a Type III error ?

If I decide to reject H_0 :, what's the chance I'm committing a Type II error ?

If I decide to retain H_0 :, what's my chance of committing a Type I error ?

If I decide to retain H_0 :, what's my chance of committing a Type III error ?

If I decide to retain H_0 :, what's the chance I'm committing a Type II error ?

So, what do you get out of all these analyses ???

