

# Ordering the Sections of an APA Literature Review

- and when to start on a new page

- Title Page

- Abstract (new page)

- Introduction (new page - repeat title - no heading)

Instead of the methods, results, and discussions sections used in research reports include main points. Each main point will have a heading (bold, capitalized and centered) and can have sub-point headings ( bold, capitalized, and left flush).

- References (new page)

- Tables (each on a new page)

- Figure Caption (new page)

- Figure (each on a new page, no running head or page#)

Title page

1"+ margins (bottom too)

page header

page #

Running head: DISORDERED EATING: A REVIEW

1

Assessing and Treating Eating Disordered  
patients: A Literature Review

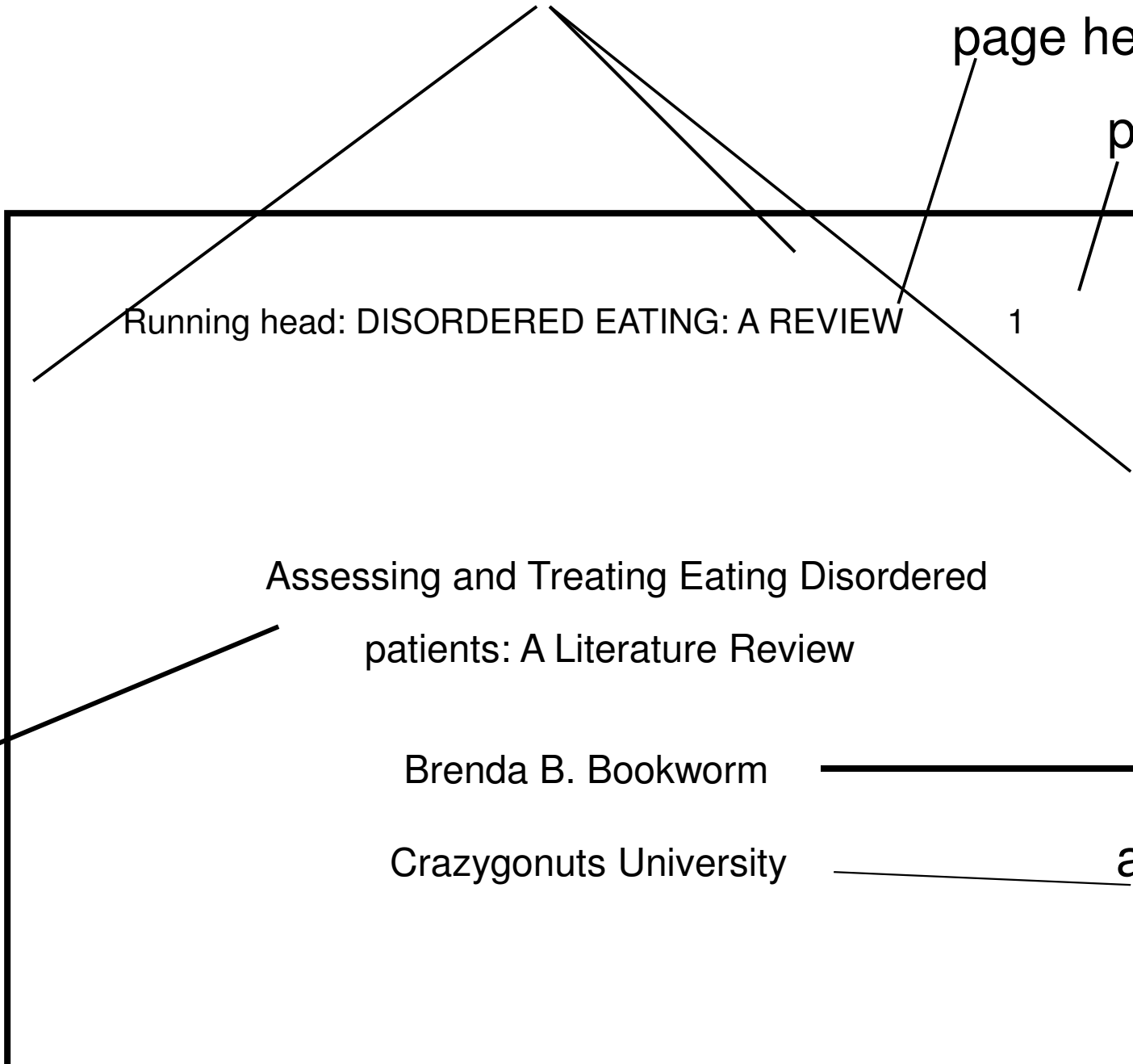
Title

Brenda B. Bookworm

author

Crazygonuts University

affiliation



Abstract

1"+

margins (bottom too)

all double-spaced

page header

Do not  
indent

page #  
2

DISORDERED EATING: A REVIEW

Abstract

Literature review abstracts and research article abstracts share the same basic format but differ in content. Abstracts of literature review articles should include the topic, the purpose of the article, and how the information sources were chosen. Describe the summaries or conclusions that were reached. Sometimes the last section includes a proposal for future research.

**Abstracts should not exceed 150 – 250 words\***

\*exact limitations are based on standards of the journal to which you are submitting your manuscript

1st page of main text 1"+ margins (bottom too)

page header

page #

DISORDERED EATING: A REVIEW

3

title

Assessing and treating eating

disordered patients: A literature review

Women are at least ten times more likely than men to suffer from eating disorders (Davison & Neale, 2001). Women who have eating disorders commonly suffer from depression they also tend to be perfectionistic, and more self-critical than other women (Lehman & Rodin, 1989; Walsh & Devlin, 1998).

all  
lines  
double  
spaced

Main Point 1      1”+ margins (bottom too)      all double-spaced

Sub-headings bold and flush

page header

page #

DISORDERED EATING: A REVIEW

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**Assessment**

bold and centered

**Disorders**

Anorexia nervosa and bulimia are the two most common types of eating disorders. Victims of these disorders often have irrational fears of being or becoming overweight. Anorexia nervosa is.....

**Symptoms**

Although anorexia and bulimia often begin for the same reasons the symptoms of the two disorders are very different. Bulimia ....

**Measures**

Main Point 2 1"+ margins (bottom too) all double-spaced

Sub-headings bold and flush

page header page#

DISORDERED EATING: A REVIEW

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Therapists use this assessment after each week of treatment to track the progress the client has made.

Bold & centered

### **Treatment**

#### **Methods**

Many researchers and therapists have developed treatment programs for people with eating disorders. One of the most widely accepted methods was developed in ...

#### **Effectiveness**

Disordered eating is a very complex mental illness and therefore is very difficult to treat. Many different treatment methods are used and vary in success. It does seem clear, however, .....

Conclusion 1"+ margins (bottom too) all double-spaced

page header page#

DISORDERED EATING: A REVIEW

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one. Therefore clinical psychologists cannot agree on which treatment is most affective.

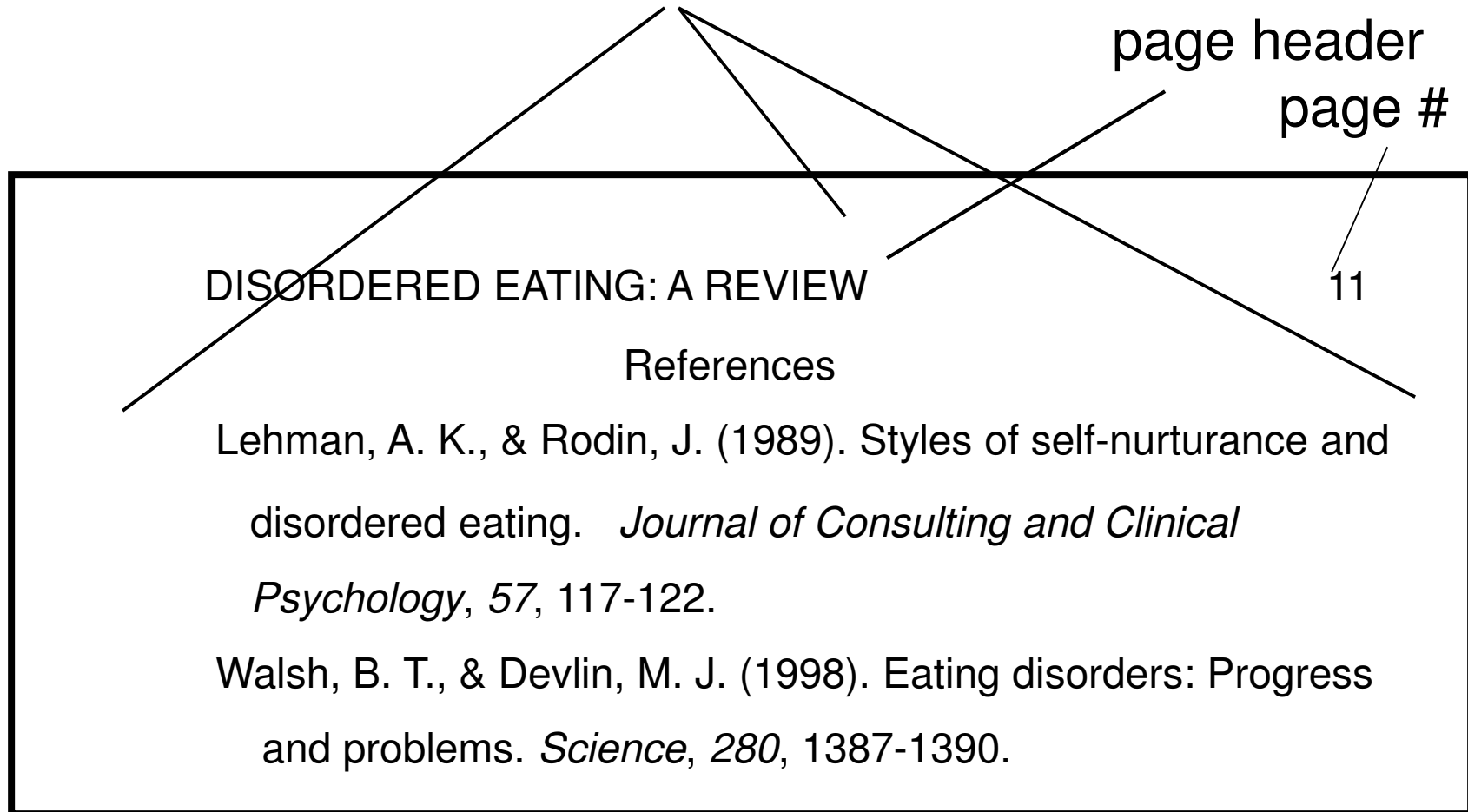
Bold and centered

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**Conclusion**

Disordered eating is a very dangerous illness afflicting many young women each year. Unfortunately it is a very complex disorder that is relatively easy to diagnose but much harder to successfully treat. Many psychologists have developed assessments and treatments...

Reference page 1" + margins (bottom too)



References follow normal APA standards