

## Power Analysis for Correlation & Multiple Regression

- Sample Size & multiple regression
- Subject-to-variable ratios
- Stability of correlation values
- Useful types of power analyses
  - Simple correlations
  - Full multiple regression
- Considering Stability & Power
- Sample size for a study

## Sample Size & Multiple Regression

The general admonition that “larger samples are better” has considerable merit, but limited utility...

- $R^2$  will always be 1.00 if  $k = N-1$  (it’s a math thing)
- $R^2$  will usually be “too large” if the sample size is “too small” (same principle but operating on a lesser scale)
- $R^2$  will always be larger on the modeling sample than on any replication using the same regression weights
- $R^2$  & b-values will replicate better or poorer, depending upon the stability of the correlation matrix values
- $R^2$  & b-values of all predictors may vary with poor stability of any portion of the correlation matrix (any subset of predictors)
- F- & t-test p-values will vary with the stability & power of the sample size – both modeling and replication samples



## Subject-to-Variable Ratio

How many participants should we have for a given number of predictors? -- usually refers to the full model

The subject/variable ratio has been an attempt to ensure that the sample is “large enough” to minimize “parameter inflation” and improve “replicability”.

Here are some common admonitions..

- 20 participants per predictor
- a minimum of 100 participants, plus 10 per predictor
- 10 participants per predictor
- 200 participants for up to  $k=10$  predictors and 300 if  $k>10$
- 1000 participants per predictor
- a minimum of 2000 participants, + 1000 for each 5 predictors

As is often the case, different rules of thumb have grown out of different research traditions, for example...

- chemistry, which works with very reliable measures and stable populations, calls for very small s/v ratios
- biology, also working largely with “real measurements” (length, weight, behavioral counts) often calls for small s/v ratios
- economics, fairly stable measures and very large (cheap) databases often calls for huge s/v ratios
- education, often under considerable legal and political scrutiny, (data vary in quality) often calls for fairly large s/v ratios
- psychology, with self-report measures of limited quality, but costly data-collection procedures, often “shaves” the s/v ratio a bit

### Problems with Subject-to-variable ratio

- #1 neither n, N nor N/k is used to compute R<sup>2</sup> or b-values
- R<sup>2</sup> & b/-values are computed from the correlation matrix
- N is used to compute the significance test of the R<sup>2</sup> & each b-weight

#2 Statistical Power Analyses involves more than N & k  
We know from even rudimentary treatments of statistical power analysis that there are four attributes of a statistical test that are inextricably intertwined for the purposes of NHST...

- acceptable Type I error rate (chance of a “false alarm”)
- acceptable Type II error rate (chance of a “miss”)
- size of the effect being tested for
- sample size

We will “forsake” the subjects-to-variables ratio for more formal power analyses & also consider the stability of parameter estimates (especially when we expect large effect sizes).



### NHST Power “vs.” Parameter estimate stability

NHST power → what’s the chances of rejecting a “false null” vs. making a Type II error?

Statistical power is based on...

- size of the effect involved (“larger effects are easier to find”)
- amount of power (probability of rejecting H<sub>0</sub>: if effect size is as expected or larger)

Stability → how much error is there in the sample-based estimate of a parameter (correlation, regression weight, etc.) ?

Stability is based on ...

- “quality” of the sample (sampling process & attrition)
- sample size

Std of r =  $1 / \sqrt{N-3}$ , so ...

N=50	r +/- .146	N=100	r +/- .101	N=200	r +/- .07
N=300	r +/- .058	N=500	r +/- .045	N=1000	r +/- .031

The power table only tells us the sample size we need to reject  $H_0: r=0$ !! It does not tell us the sample size we need to have a good estimate of the population  $r$  !!!!!

Partial Power Table (taken & extrapolated from Friedman, 1982)

r	.15	.20	.25	.30	.35	.40	.45	.50	.55	.60	.65	.70
power												
.30	93	53	34	24	18	14	11	9	8	7	6	5
.40	132	74	47	33	24	19	15	12	10	8	7	6
.50	170	95	60	42	30	23	18	14	12	9	8	7
.60	257	143	90	62	45	34	24	20	16	13	11	9
.70	300	167	105	72	52	39	29	23	18	15	12	10
.80	343	191	120	82	59	44	33	26	20	16	13	11
.90	459	255	160	109	78	58	44	34	27	21	17	13

"Sufficient power" but "poor stability"

How can a sample have "sufficient power" but "poor stability"?

Notice it happens for large effect sizes!!

e.g., For a population with  $r = .30$  & a sample of 100 ...

- Poor stability of  $r$  estimate  $\rightarrow$  +/- 1 std is .20-.40
- Large enough to reject  $H_0$ : that  $r = 0 \rightarrow$  power almost .90



## Power Analysis for Simple Correlation

*Post hoc*

I found  $r(22) = .30, p > .05$ , what's the chance I made a Type II error ??

$$N = 24 \quad \text{Power} = .30 \quad \text{Chance Type II error} = .70$$

*A priori*

#1 I expect my correlation will be about .25, & want power = .90

$$\text{sample size should be} = 160$$

#2 Expect correlations of .30, .45, and .20 from my three predictors & want power = .80

$$\text{sample size should be} = 191, \text{ based on lowest } r = .20$$



## Power Analysis for Multiple regression

Power analysis for multiple regression is about the same as for simple regression, we decide on values for some parameters and then we consult a table ...

Remember the F-test of  $H_0: R^2 = 0$  ??

$$F = \frac{R^2 / k}{1 - R^2 / N - k - 1} = \frac{R^2}{1 - R^2} * \frac{N - k - 1}{k}$$

Which corresponds to:

$$\text{significance test} = \text{effect size} * \text{sample size}$$

So, our power analysis will be based not on  $R^2$  *per se*, but on the power of the F-test of the  $H_0: R^2 = 0$

Using the power tables (*post hoc*) for multiple regression (single model) requires that we have four values:

$\alpha$  = the p-value we want to use (usually .05)

$u$  = df associated with the model ( we've used "k")

$v$  = df associated with F-test error term ( $N - u - 1$ )

$$f^2 = (\text{effect size estimate}) = R^2 / (1 - R^2)$$

$\lambda = f^2 * (u + v + 1)$  This is the basis for determining power

E.g.,  $N = 96$ , and 5 predictors,  $R^2 = .10$  was found

$\alpha = .05$   $u = 5$   $v = 96 - 5 - 1 = 90$

$f^2 = .1 / (1 - .1) = .1111$   $\lambda = .1111 * (5 + 90 + 1) = 10.6$

Go to table --  $\alpha = .05$ , &  $u = 5$   $\lambda = 10$  12

$v = 60$  63 72

power is around .68 120 65 75

Another  $N = 48$ , and 6 predictors,  $R^2 = .20$  ( $p < .05$ )

$\alpha = .05$   $u = 6$   $v =$

$f^2 = .2 / (1 - .2) = .25$   $\lambda = .25 * (6 + 41 + 1) = 12$

Go to table --  $\alpha = .05$  &  $u = 6$   $\lambda = 12$

$v = 20$  59

power is about .64 60 68

This sort of *post hoc* power analysis is, as before, especially helpful when the  $H_0$ : has been retained -- to determine whether the result is likely to have been a Type II error.

Remember that one has to decide how small of an effect is "meaningful", and adjust the sample size to that decision.



*a priori* power analyses for multiple regression are complicated by ...

- Use of  $\lambda$  (combo of effect & sample size) rather than  $R^2$  (just the effect size) in the table.
- This means that sample size enters into the process TWICE
  - when computing  $\lambda = f^2 * (u + v + 1)$
  - when picking the "v" row to use  $v = N - u - 1$
- So, so the  $\lambda$  of an analysis reflects the combination of the effect size and sample size, which then has differential power depending (again) upon sample size ( $v$ ).

E.g.#1,  $R^2 = .20$   $f^2 = .2 / (1-.2) = .25$   $N = 50$   $\lambda = .25 * (50) = 12.5$   
with  $u = 10$ , and  $v = N - 10 - 1 = 39$  -- power is about .50

E.g.#2,  $R^2 = .40$   $f^2 = .4 / (1-.4) = .67$   $N = 19$   $\lambda = .67 * (19) = 12.5$   
with  $u = 10$ , and  $v = 19 - 10 - 1 = 8$  -- power is about .22

So, for *a priori* analyses, we need the sample size estimate to compute the  $\lambda$  to use to look up the sample size estimate we need for a given level of statistical power ????

Perhaps the easiest way to do *a priori* sample size estimation is to play the “what if game” . . .

I expect that my 4-predictor model will account for about 12% of the variance in the criterion -- what sample size should I use ???

$$a = .05 \quad u = 4 \quad f^2 = R^2 / (1 - R^2) = .12 / (1 - .12) = .136$$

“what if..”                      N = 25                      N = 65                      N = 125

$$v = (N - u - 1) = \quad 20 \quad \quad \quad 60 \quad \quad \quad 120$$

$$\lambda = f^2 * (u + v + 1) = \quad 3.4 \quad \quad \quad 8.8 \quad \quad \quad 17.0$$

Using the table...

$$\text{power} = \quad \text{about } .21 \quad \quad \text{about } .62 \quad \quad \text{about } .915$$

If we were looking for power of .80, we might then try N = 95

so v = 90,  $\lambda = 12.2$ , power = about .77 (I'd go with N = 100-110)

Putting Stability & Power together to determine the sample size

1. Start with stability – remember ...

Std of r =  $1 / \sqrt{(N-3)}$ , so ...

$$\begin{array}{lll} N=50 & r \text{ +/- } .146 & N=100 & r \text{ +/- } .101 & N=200 & r \text{ +/- } .07 \\ N=300 & r \text{ +/- } .058 & N=500 & r \text{ +/- } .045 & N=1000 & r \text{ +/- } .031 \end{array}$$

... suggesting that 200-300 is a good guess for most analyses (but more is better).

2. Then for the specific analysis, do the power analysis ...

For the expected  $r/R^2$  & desired power, what is the required sample size?

3. Use the **larger** of the stability & power estimates !

An example ....

We expect a correlation of .60, and want only a 10% risk of a Type II error if that is the population correlation

Looking at the power table for  $r = .60$  and power = .90..  
... the suggested sample size is 21

N = 21, means the std of the correlation estimates (if we took multiple samples from the target population is  
 $1 / \sqrt{(21-3)} = .35$

With N = 21 → we've a 90% chance of getting a correlation large enough to reject the Null ☺

→ on average, our estimate of the population correlation will be wrong by .35. We'd certainly interpret a .25 and a .95 differently ☹

In this case we'd go with the 200-300 estimate, in order to have sufficient stability – we'll have lots of power!

Another example ....

We expect a correlation of .10, and want only a 20% risk of a Type II error if that is the population correlation

Considering stability – let's say we decide to go with 300

Looking at the power table for  $r = .10$  and power = .80..  
... the suggested sample size is 781

With  $N = 300$ , we'd only have power of about .40  
... 60% chance of a Type II error.

In this case we'd go with the 781 estimate (if we can afford it), in order to have sufficient power – we'll have great stability of +/- .036 !



Considering the sample size for the **Study**

Really a simple process, but sometimes the answer is daunting!

First: For each analysis ( $r$  or  $R^2$ )  
→ perform the power analysis  
→ consider the “200-300” suggestion & resulting stability  
→ pick the larger value as the  $N$  estimate for that analysis

Then: Looking at the set of  $N$  estimates for all the analyses ...  
→ The largest estimate is the best bet for the study

This means we will base our **study** sample size on the sample size required for the least powerful significance test !

Usually this is the smallest simple correlation or a small  $R^2$  with a large number of predictors.